



**Gracie Jiu Jitsu College Park/ Berwyn Heights Brazilian Jiu Jitsu**



## **Self-Defense for all ages!**

<b>Full Class Schedule</b>						
<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
					10:00 am- Combatives	9:00 am- Jr. Grapplers
		6:00 pm- Black Belt Club		6:00 pm- Little Champs		10:00 am- Little Champs
	7:00 pm- Combatives	7:00 pm- Women Empowered	7:00 pm- Combatives	7:00 pm- Jr. Combatives		11:00 am- Combatives
	8:00 pm- Master Cycle	8:00 pm- Reflex Development	8:00 pm- Master Cycle	8:00 pm- Fundamentals of Striking		12:00 pm- Women Empowered
						1:00 pm- Master Cycle

Combatives- Beginner Self-Defense | Women Empowered- Women's Self-Defense  
 Little Champs- Kids 5-7 | Jr. Grapplers- Kids 8-13 | Master Cycle- Advanced Adults

### **Membership Plans**

We have several different membership options. From month-to-month for short term training, up to family memberships so the whole family can get involved!

#### *Month-to-Month Memberships (per student)*

\_\_\_\_\_ 8 classes/month (2x/week)    \$160/month

#### *Annual Memberships (per student)*

\_\_\_\_\_ 4 classes/month (1x/week)    \$90/month + Free Gi (\$100 value)

\_\_\_\_\_ 8 classes/month (2x/week)    \$130/month + Free Gi (\$100 value)

\_\_\_\_\_ Unlimited classes                    \$150/month + Free Gi (\$100 value)

\_\_\_\_\_ Family Unlimited (up to 3 people) \$240/month + Free Gi/ person (Up to \$300 value)

**[www.BerwynHeightsBJJ.com](http://www.BerwynHeightsBJJ.com)**

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